

My 8 month old baby's daily schedule:

6:30- Wake up- 6 oz. bottle/ morning cuddles

7:00- Mat free play (I run around and clean the kitchen typically at this time, and obviously make coffee!)

7:30- Breakfast- Solids.

7:50- Clean up, mama and baby get dressed and ready for the day!(Avery usually goes in her exersaucer or jumper when I get ready)

8:15- Walk # 1 of the day

8:45- Play with "movement toys" (See above post for details)

9:15- Books/ imaginative play

10:00- Nap #1

11:30- Wake up

11:30- Play with Think toys

11:45- Lunch

12:15- Daily outing (usually the store, my mom or sisters, the park, pool, beach, baby group)

2:30- snack/ book time/get ready for nap

3:00- Nap #2

4:30- Wake up/Play music toys

5:00-Free Play/kitchen play- While I cook/prep dinner

5:30- Outside time/Walk number 2

6:00-Dinner

6:30- Play with Dad!/Jumper

7:00- Bath/Start bedtime routine.

7:30- Baby is asleep! Wine and adult dinner time!

